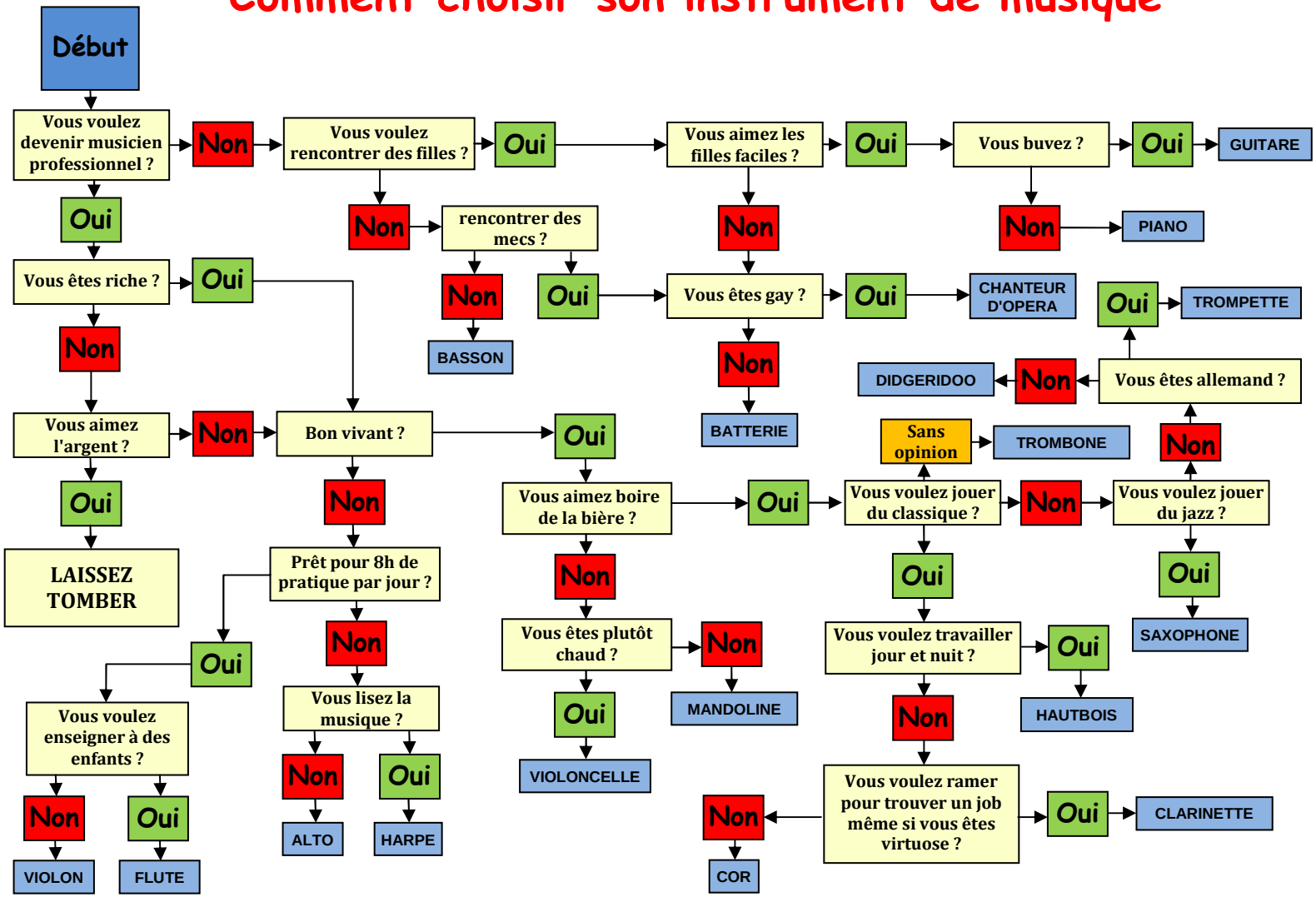Comment choisir son instrument de musique